

# CHIROPRACTIC HEALTH QUESTIONNAIRE

Southern States Chiropractic

Patient Name \_\_\_\_\_ Date: \_\_\_\_\_

Reason for visit \_\_\_\_\_

Have you been treated before this problem? ☐ No ☐ Yes If so, by whom? \_\_\_\_\_

Type of speciality? ☐ Doctor of Chiropractic ☐ Physical Therapist ☐ Medical Doctor ☐ Other \_\_\_\_\_

What did they do and/or recommend? \_\_\_\_\_

Any diagnostic testing obtained? ☐ MRI ☐ CT Scan ☐ X-Ray ☐ Other \_\_\_\_\_

Surgical History: \_\_\_\_\_

Cancer History: ☐ No ☐ Yes If yes, type? \_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_ Date of Remission: \_\_\_\_\_

Who is your family doctor? \_\_\_\_\_ Date of last physical exam: \_\_\_\_\_

## PAST/CURRENT MEDICAL CONDITIONS Check (✓) all that apply.

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> AIDS                | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Liver disease        | <input type="checkbox"/> Rheumatic fever    |
| <input type="checkbox"/> Alcoholism          | <input type="checkbox"/> Emphysema        | <input type="checkbox"/> Measles              | <input type="checkbox"/> Scarlet fever      |
| <input type="checkbox"/> Anemia              | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Migraine headaches   | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Anorexia            | <input type="checkbox"/> Fractures        | <input type="checkbox"/> Miscarriage          | <input type="checkbox"/> Suicide attempt    |
| <input type="checkbox"/> Appendicitis        | <input type="checkbox"/> Glaucoma         | <input type="checkbox"/> Mononucleosis        | <input type="checkbox"/> Thyroid problems   |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Goiter           | <input type="checkbox"/> Multiple sclerosis   | <input type="checkbox"/> Tonsillitis        |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Gonorrhea        | <input type="checkbox"/> Mumps                | <input type="checkbox"/> Tuberculosis       |
| <input type="checkbox"/> Bleeding disorders  | <input type="checkbox"/> Gout             | <input type="checkbox"/> Osteoporosis         | <input type="checkbox"/> Tumors, growths    |
| <input type="checkbox"/> Breast lump         | <input type="checkbox"/> Heart disease    | <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Typhoid fever      |
| <input type="checkbox"/> Bronchitis          | <input type="checkbox"/> Hepatitis        | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Ulcers             |
| <input type="checkbox"/> Bulimia             | <input type="checkbox"/> Hernia           | <input type="checkbox"/> Polio                | <input type="checkbox"/> Vaginal infections |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Herpes           | <input type="checkbox"/> Prostate problem     | <input type="checkbox"/> Venereal disease   |
| <input type="checkbox"/> Cataracts           | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Prosthesis           | <input type="checkbox"/> Whooping cough     |
| <input type="checkbox"/> Chemical dependency | <input type="checkbox"/> HIV positive     | <input type="checkbox"/> Psychiatric care     | <input type="checkbox"/> Other _____        |
| <input type="checkbox"/> Chicken pox         | <input type="checkbox"/> Kidney disease   | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> _____              |

## MEDICATIONS List medications you are currently taking.

## VITAMINS/HERBAL/MINERALS

Allergies

## GENERAL SYMPTOMS Check (✓) conditions you currently have or have had in the past year.

### GENERAL

- ☐ Bruise easily
- ☐ Chills
- ☐ Dental problems
- ☐ Depression
- ☐ Difficulty sleeping
- ☐ Dizziness
- ☐ Fainting
- ☐ Fever
- ☐ Forgetfulness
- ☐ Headache
- ☐ Loss of sleep
- ☐ Loss of weight
- ☐ Nervousness
- ☐ Numbness

### GENITO-URINARY

- ☐ Blood in urine
- ☐ Frequent urination
- ☐ Lack of bladder control
- ☐ Painful urination

### GASTROINTESTINAL

- ☐ Appetite poor
- ☐ Nausea
- ☐ Rectal Bleeding
- ☐ Stomach pain
- ☐ Bowel changes

### SKIN

- ☐ Changes in moles
- ☐ Rash
- ☐ Scars
- ☐ Sore that won't heal

### CARDIOVASCULAR

- ☐ Chest pain
- ☐ High blood pressure
- ☐ Irregular heart beat
- ☐ Low blood pressure
- ☐ Poor circulation
- ☐ Rapid heart beat
- ☐ Swelling of ankles
- ☐ Varicose veins

### EYE/EAR/NOSE

- ☐ Bleeding gums
- ☐ Blurred vision
- ☐ Difficulty swallowing
- ☐ Double vision
- ☐ Earache
- ☐ Ear discharge
- ☐ Hoarseness
- ☐ Loss of hearing
- ☐ Nosebleeds
- ☐ Persistent cough
- ☐ Ringing in ears
- ☐ Sinus problems
- ☐ Vision -flashes
- ☐ Vision - halos

### WOMEN ONLY

- ☐ Abnormal pap smear
- ☐ Extreme menstrual pain
- ☐ Hot flashes

Date of last menstrual period \_\_\_\_\_

Date of last

Pap Smear \_\_\_\_\_

Have you had a mammogram? \_\_\_\_\_

Pregnant? ☐ Yes ☐ No  
☐ Unknown

Number of children \_\_\_\_\_

# NECK, BACK, EXTREMITIES (Check (✓) conditions you currently have.

## NECK

- ☐ Pain in neck
- ☐ Neck stiffness
- ☐ Neck weakness
- ☐ Pinched nerve in neck
- ☐ Neck feels out of place
- ☐ Muscles spasms in neck
- ☐ Grinding/popping sounds in neck

## SHOULDERS

- |   |                            |                            |
|---|----------------------------|----------------------------|
|   | <b>Right</b>               | <b>Left</b>                |
| <input type="checkbox"/> Pain in shoulders joint    | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain across shoulders      | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Can't raise arm            |                            |                            |
| <input type="checkbox"/> Above shoulder level       |                            |                            |
| <input type="checkbox"/> Over head                  |                            |                            |
| <input type="checkbox"/> Tension in shoulders       | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pinched nerve in shoulders |                            |                            |

## MID-BACK

- ☐ Mid-back pain
- ☐ Mid-back stiffness
- ☐ Pain between shoulder blades
- ☐ Pain from front to back
- ☐ Muscle spasms in mid-back

## ARMS & HANDS

- |  |                            |                            |
|--|----------------------------|----------------------------|
|  | <b>Right</b>               | <b>Left</b>                |
| <input type="checkbox"/> Pain in upper arm         | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in elbow             | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in forearm           | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in hand              | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in fingers           | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pins & needles in arms    | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pins & needles in fingers | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Numbness in arm           | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Numbness in fingers       | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Weakness of arm           | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Weakness of hand          | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Hands cold                | <input type="checkbox"/> R | <input type="checkbox"/> L |

## LOW BACK

- ☐ Low back pain
- ☐ Burning in low back
- ☐ Low back stiffness
- ☐ Pinched nerve in low back
- ☐ Low back feels out of place
- ☐ Muscle spasms in low back

## HIPS, LEGS & FEET

- |  |                            |                            |
|--|----------------------------|----------------------------|
|  | <b>Right</b>               | <b>Left</b>                |
| <input type="checkbox"/> Pain in buttocks  | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in hip joint | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in down leg  | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in knee      | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in ankle     | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Pain in foot      | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Weakness of leg   | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Weakness of knee  | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Leg cramps        | <input type="checkbox"/> R | <input type="checkbox"/> L |

## OTHER SYMPTOMS:

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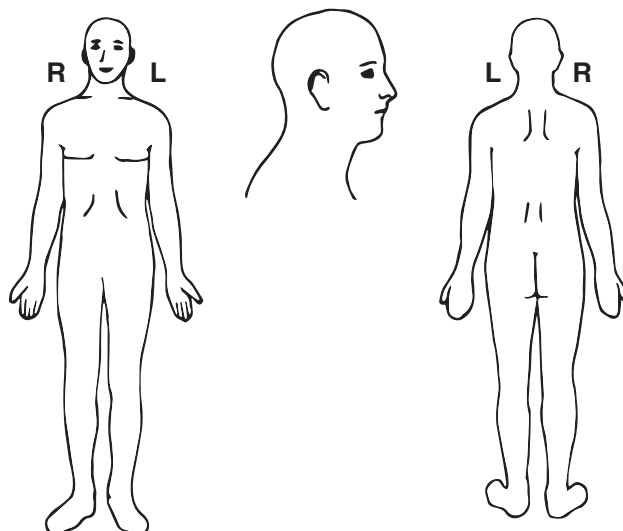


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Please mark your areas of pain on the figures below.



I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Reviewed by \_\_\_\_\_

\_\_\_\_\_  
Doctor

\_\_\_\_\_  
Date